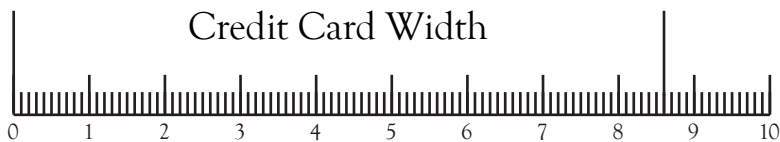


How to Determine Your Ring Size

Key Considerations for Optimal Fit:

- **Print Template Accurately:** Print this guide with page scaling set to 100%. This critical step ensures the circles are true to size. To confirm proper scaling, please check that the ruler below on this guide measures exactly 10 cm, or verify the 'credit card width' guide on the ruler with an actual credit card.
- **Band Thickness Matters:** Keep in mind that a wider ring band can often feel snugger on your finger compared to a thinner band of the same size. For broader styles, you might find it more comfortable to opt for a half size larger than your typical measurement.
- **Measure your finger in the evening,** as this is when your finger is typically at its largest after a day's activity, ensuring a comfortable fit.
- This printable guide serves as a helpful reference. For the most accurate results, professional sizing is recommended.

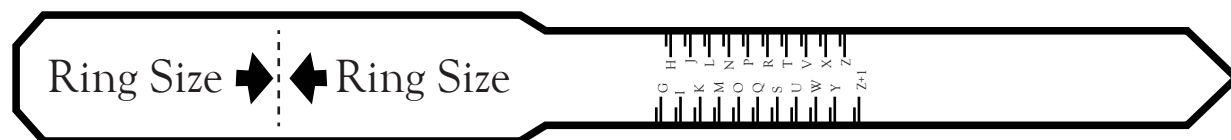


METHOD 1: Using an Existing Ring

If you have a ring that fits the desired finger well, you can use this method.

1. Choose a ring that fits comfortably on the specific finger for which you want to find the size.
3. Find the circle on the right that perfectly matches the inside edge of your ring.
4. The label shown within each circle represents the internal diameter of that ring size.

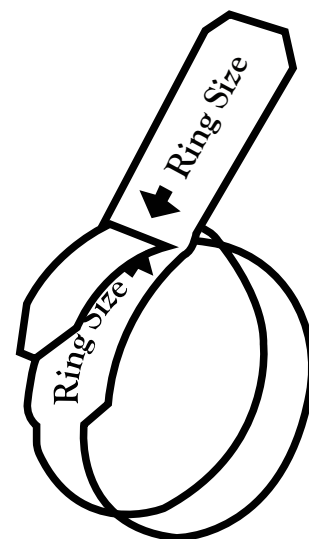
F 1/2	G	G 1/2
H	H 1/2	I
I 1/2	J	J 1/2
K	K 1/2	L
L 1/2	M	M 1/2
N	N 1/2	O
O 1/2	P	P 1/2
Q	Q 1/2	R
R 1/2	S	S 1/2
T	T 1/2	U
U 1/2	V	V 1/2
W	W 1/2	X
X 1/2	Y	Z
Z 1/2	Z +1	Z+2



METHOD 2: Using the strip above

This method allows you to measure your finger directly.

1. Carefully cut out the ring sizer strip along the solid outer lines.
2. Make a slot in the ring sizer by cutting along the dotted line.
3. Wrap the strip around the base of the finger you wish to measure, labels facing out.
4. Thread the pointed end of the strip through the slit you cut.
5. Pull the strip gently until it's snug but comfortable, like how you'd want a ring to fit.
6. The AU ring size displayed closest to the slit indicates your finger size.

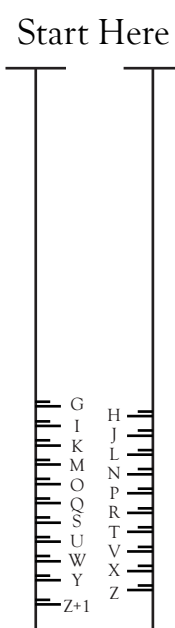


Note: The shorter lines represent 1/2 sizes (e.g., F 1/2, G 1/2).
The first shorter line is F 1/2.

METHOD 3: Using a Ribbon or String

This method uses a piece of ribbon or string, a marker, and the ruler on the right.

1. Take a non-stretchy piece of ribbon or string.
2. Wrap it snugly around the base of the finger you wish to measure, ensuring it's comfortable and can slip over your knuckle.
3. Mark the point where the ribbon/string overlaps using a pen or marker.
4. Carefully unwrap the ribbon/string and lay it flat on the ruler on the right.
5. Place the beginning of the ribbon on the 'Start Here' marks, observe where the mark on your ribbon aligns on the label of the ruler.



Note: The shorter lines represent 1/2 sizes (e.g., F 1/2, G 1/2).
The first shorter line is F 1/2.

AU Ring Size Reference Chart

AU Size	Diameter (mm)	Circumference (mm)
F 1/2	14.1	44.2
G	14.3	44.8
G1/2	14.5	45.5
H	14.7	46.1
H 1/2	14.9	46.8
I	15.1	47.4
I 1/2	15.3	48.0
J	15.5	48.7
J 1/2	15.7	49.3
K	15.9	50.0
K 1/2	16.1	50.6
L	16.3	51.2
L 1/2	16.5	51.9
M	16.7	52.5
M 1/2	16.9	53.1
N	17.1	53.8
N 1/2	17.3	54.4
O	17.5	55.1
O 1/2	17.7	55.7
P	17.9	56.3
P 1/2	18.1	57.0
Q	18.3	57.6
Q 1/2	18.5	58.3
R	18.8	58.9
R 1/2	19	59.5
S	19.2	60.2
S 1/2	19.4	60.8
T	19.6	61.4
T 1/2	19.8	62.1
U	20	62.7
U 1/2	20.2	63.4
V	20.4	64.0
V 1/2	20.6	64.6
W	20.8	65.3
W 1/2	21	65.9
X	21.2	66.6
X 1/2	21.4	67.2
Y	21.6	67.8
Z	21.8	68.5
Z 1/2	22	69.1
Z+1	22.4	70.4
Z +2	22.6	71.0